

SUMMER – 3 DAY ITINERARY

Visiting North Lake Tahoe in the summer means lazy days at the beach or action packed adventures. Either way you're sure to enjoy yourself to the fullest at America's largest alpine lake!

Day 1

You came for the lake, so let's get on it! First, fuel up with a hearty breakfast at one of the local favorites, *Fire Sign Café* or the *Old Post Office*. Paddling on Lake Tahoe by kayak or paddleboard is one of the best ways to see the magnificent clarity of the lake. Swing by *Tahoe City Kayak* or *Sand Harbor* to pick up your craft, but arrive early to ensure availability and you will want to be on the water before the boat traffic picks up. If you don't feel like paddling, rent a boat or wave runner or a seat on *Tahoe Sailing Charters* to eliminate all responsibility of navigating Tahoe's waters.

Day 2

North Lake Tahoe has an extensive trail network best explored by bike or hike. Throw your leg over a new mountain bike at *Flume Trail Bikes* and set out to ride the iconic Flume Trail. *Flume Trail Café* next door serves up the perfect breakfast for a day in the saddle. If you're an experienced mountain biker, head to *Northstar California* for their impressive lift served downhill bike park! For a hike that takes you to some of the best vistas of the lake head to *Eagle Rock* or *Monkey Rock*. If you like to reward yourself with a frosty brew after your time on the trail, see what craft breweries are nearest your trail on our [Ale Trail Map](#).

Day 3

Now that you've been on the water and dirt, it's time to explore some other activities such as the *Treetop Ropes Courses* in Tahoe City, Granlibakken and Squaw Valley. Also at Squaw Valley is the home of *Wanderlust Yoga Festival*, where their studio remains open all summer long. The infamous Squaw Valley tram takes you to *High Camp*, where you can hike or soak in the hot tubs. If you want to get above it all, charter a helicopter tour with *Heli-Vertex*.

No visit to North Lake Tahoe would be complete without spending some quality time at the beach. Favorites include *Sand Harbor*, *Kings Beach* or *Tahoe City*. Make it a picnic with sandwiches from *Mountain High Deli* or *West Shore Market*.

If recreation wasn't the goal for your visit to North Lake Tahoe, consider a stroll along the lake at *Sand Harbor* or the shops of *Tahoe City* and the village at *Northstar California*. Book a tour of the infamous *Thunderbird Lodge*. Visit one of the highly renowned spas at the *Hyatt Regency* or *The Ritz-Carlton*. Hit the links at one of our (10) area golf courses. Finish your days at one of our fine dining establishment's lakeside, such as *Lone Eagle Grille*, *West Shore Café* or *Sunnyside*.