

## SUMMER IN NORTH LAKE TAHOE

Visiting North Lake Tahoe in the summer means lazy days at the beach or action packed adventures. Either way, you're sure to enjoy yourself to the fullest at America's largest alpine lake!

Begin your day with a hearty breakfast at one of the local favorites, *Fire Sign Café* or the *Old Post Office*. Paddling on Lake Tahoe by kayak or SUP is one of the best ways to see the magnificent clarity the lake affords. Swing by *Tahoe City Kayak* or *Sand Harbor* to pick up your craft, but arrive early to ensure availability. Don't feel like paddling, no problem, rent a boat or wave runner or book a seat on *Tahoe Sailing Charters* to eliminate all responsibility of navigating Tahoe's waters and simply sit back and enjoy them.

If riding bikes is more your thing, consider the iconic *Flume Trail* which runs high above the east shore. Rent a bike from *Flume Trail Bikes*, leave your car at their shop, which is also the end of the ride and jump on their shuttle to the trail head at Spooner Lake. This 2-4 hour pedal offers some of the most gorgeous views of Lake Tahoe seen by trail. Alternatively you can hike the trail in the reverse direction by starting at Flume Trail Café and make *Monkey Rock* your destination for excellent lake views.

Other activities include *Treetop Ropes Courses* in Tahoe City, Granlibakken and Squaw Valley. Also at Squaw Valley is the home of *Wanderlust Yoga Festival*, with their studio open all summer long. The infamous Squaw Valley tram takes you to *High Camp*, where you can hike or soak in the hot tubs. If you want to get above it all, charter a helicopter tour with *Heli-Vertex*.

Once you achieve your activity for the day, head down to one of the alluring beaches at *Sand Harbor*, *Kings Beach* or *Tahoe City* to soak up the sun. Make it a picnic with sandwiches from *Mountain High Deli* or *West Shore Market*.

If recreation wasn't the goal for your day in North Lake Tahoe, consider a stroll along the lake at *Sand Harbor* or the shops of *Tahoe City* and the village at *Northstar California*. Tour the infamous *Thunderbird Lodge*. Book a spa appointment at the *Hyatt Regency* or *The Ritz-Carlton*. If your party is going to split ways for the day, consider hitting the links at one of our (10) area golf courses. Craft breweries and wineries like *Uncorked* provide tastings from Incline Village to Truckee. Drive up the *Mt. Rose Hwy* to the scenic overlook or hike *Eagle Rock* for a family photo with the entire lake behind you.

Finish your Tahoe day at one of our fine dining establishment's lakeside, such as *Lone Eagle Grille*, *West Shore Café* or *Sunnyside*.